

## 2016 Power Practice Program

- Two sessions per month in April, May and June
- Drill stations working on fundamentals of defensive play
- Fast paced, high intensity, with collegiate & pro experienced coaches
- Each session from 6:00 pm 8:00 pm
- **Target Ages:** 12 & up (Will group by age and/or skill level)
- Where: South Georgia State College baseball field
- Cost: \$75 a month for both sessions

or

\$45 a month for one session

## **Schedule**

April 19<sup>th</sup> & April 26<sup>th</sup>

 $May\ 10^{th}\ \&\ May\ 24^{th}$ 

June 14<sup>th</sup> & June 21<sup>st</sup>

Visit Team Elite South Baseball on Facebook to see videos of Power Practices in action

Register online at: www.TeamEliteSouth.com

You gonna Wish you were better, or Work to get better?